

THE
FOOD
LAB



Phone: 046500273

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<https://www.thefoodlab.co.nz/>

CANAPÉ

DF = Dairy free GF = Gluten free VG = Vegan V = Vegetarian GFO = Gluten free option

Hot Canapés

Mozzarella and Truffle Toasted Sandwich (V, GFO)

Slider with Pulled Beef and Pickled Vegetables

Arancini, Mushroom, Venison Ragu

Cheeseburger Spring Roll, The Food Lab Barbecue Sauce

Bao Bun, Pork Belly, Pickled Cucumber, Kewpie Mayo (DF)

Arancini, Tomato, Basil, Mozzarella (V)

Bao Bun, Tofu, Coriander Pesto, Pickled Shiitake (VG)

Spicy Chicken and Pine Nut Empanadillas (DF)

Cold Canapés

Rice Paper, Fresh Salad, Mint, Vietnamese Dressing (VG, GF)

Goat's Cheese and Beetroot Bruschetta with Walnut and Honey (V, GFO)

Rice Paper, Prawn, Fresh Salad, Mint, Vietnamese Dressing (GF, DF)

Duck Rice Paper Wrap, Cucumber, Spring Onion, plum (DF, GF)

Bruschetta, Tomato, White Bean Purée, Basil* (VG, GFO)

Steak Tartar on Melba Toast with Truffle Mayo (DF, GFO)

House-Made Cheese Cracker, Ricotta, Preserved Lemon, Honey (V, GF)

Polenta, Balsamic Caramelized Onion, Tomato relish (V, GF)

Smoked Lamb Crostini, Crushed Pea, Mint Pesto, Feta (GFO)

Market Fish Ceviche, Coconut Cream, Chili (DF, GF)

House Cured Salmon, Wasabi Mayo On Crostini (GFO)

Fish Sashimi with Yuzu Infused Pickled Fennel and Sesame Dressing (GF, DF)

Spanish Potato Tortilla with Chorizo and Garlic Aioli (GF, DF)

Crayfish Po'boy, Iceberg, Cocktail Sauce

Supplementary Item

Freshly Shucked Oysters, (minimum order of 1Doz (MP))

Sweets

Chocolate Coconut Truffle (gf, v)

Ginger Crunch Bites (v, GF)

Salted Caramel Bites (v)

Rocky Road Bites (v)

Mini Chocolate Torte, Hazelnut

Mini Lemon Torte, Candied Lemon

Chocolate Mousse, Raspberry (VG, GF)

Summer Fruit Tarte, Vanilla Pastry Cream

Please make us aware of any dietary requirements or allergies

Minimum order of 20 guests.

All prices are GST exclusive.

Additional delivery, staffing and equipment may required.

